



# 34 MYTHS About Breast Cancer That Can Kill You

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by David L. Grimes, M. D.

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## About Dr. Grimes

Dr. Grimes was raised in Tampa, Florida. After graduating from the University of Kentucky Medical School he spent 13 years in the Air Force. Dr. Grimes has now been practicing obstetrics and gynecology for the past 30 years.

His latest efforts have been directed to helping not only his patients, but also radio and TV audiences and his readers to "live a longer and healthier life." A large portion of Dr. Grimes' current medical practice is now dedicated to educating his patients and the general public about important topics in health.

## Availability

Dr. Grimes is on the speaker's bureau of the following pharmaceutical companies and is available for booking for professional audiences:

Solvay  
Astra-Zeneca  
Wyeth

He is also available to speak to general audiences. Dr. Grimes is available for radio and television interviews. Please contact 618-867-3413 for date availability and any further questions.

Dr. Grimes has practiced in San Antonio, TX; Greenville, KY; Paducah, KY and now practices in Harrisburg and Carbondale, IL. He is an expert international speaker on birth control pills, hormones, sexual dysfunction, cancer prevention and wellness.



# PROBLEM



## Dedication

This book is dedicated to  
Kathleen Grimes of Temple Terrace,  
Florida, my mother; and  
Kathy Anderson of Paducah,  
Kentucky, my sister-in-law.  
Both are breast cancer survivors.



## ■ MYTH 1 ■

*More women die each year from breast cancer than from any other cause.*

**Fact:** Seven out of every eight women will never develop breast cancer.

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## ■ MYTH 2 ■

*More women die from breast cancer than from heart attacks.*

**Fact:** Five women die from heart attacks (250,000) every year for every woman that dies from breast cancer (44,000).

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## ■ MYTH 3 ■

*More women die from breast cancer than from strokes.*

**Fact:** Two women will die each year from strokes (100,000) for every woman dying from breast cancer (44,000).

## ■ MYTH 4 ■

*More women die each year from breast cancer than from any other cancer.*

**Fact:** Almost two women needlessly die each year from lung cancer (70,000) for every woman that dies from breast cancer (44,000).

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## ■ MYTH 5 ■

*Doctors can prevent breast cancer but not lung cancer.*

**Fact:** At least 95% of lung cancer can be prevented by not smoking or stopping if you do smoke. Unfortunately, doctors still have not discovered a way to prevent breast cancer.

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## ■ MYTH 6 ■

*More women die from breast cancer than from complications from broken hips.*

**Fact:** Fifty thousand (50,000) women died from complications of broken hips during a year when only 44,000 women died from breast cancer.